



Worm Gruntin' 5K Race

Date: Saturday, April 9, 2022
Pre-race Registration starts at 7:00 AM; Race starts at 8:00 AM

Place and Course: Race starts in Downtown Sopchoppy FL

Entry Fee: \$15.00 Early Registration (By or before March 31st), Includes Race Shirt
\$20.00 Day of Race - Includes Race Shirt (If Available)
\$10.00 Kids 12 and Under (Early or Day of Registration)
\$10.00 No shirt option (Early or Day of Registration)

Register Online at Runsignup.Com
Send Registration Form with check payable to:
SPIA
P.O. Box 272
Sopchoppy, FL 32358

Refreshments: Gatorade, water, and fruit
Awards: Awards: Trophies for Overall M & F, Master M & F and Grandmaster M & F; 1st, 2nd and 3rd Place Awards per Age Categories

For Additional Information: Race Director: Susan Brooks Shearer, 850-545-6678

Sopchoppy Worm Gruntin' 5K Race Entry Form

SPIA
P.O. Box 272
Sopchoppy, FL 32358

Name: _____ **Age** _____ **Date of Birth:** _____
(On 4/9/22)

Male Female Phone _____ E-mail: _____

Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Shirt Size – S M L XL XXL

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able, physically fit and properly trained. I assume any and all risks associated with this event including but not limited to falls, contact with other participants, effects of weather, including high heat and/or humidity, and traffic and the conditions of the roads, all such risks being known and acknowledged by me. I agree to abide by all the decisions of the race officials relative to my ability to safely complete this run. Knowing these facts and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge all SPIA race officials, volunteers and all sponsors including their agents, employees, assigns, or anyone acting on their behalf from any and all claims or liability for death, personal injury or negligence or carelessness on the part of the persons named in this waiver. The Release and Waiver extends to all claims of every kind and nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants full permission to SPIA and/or agents authorized by them to use any photograph, videotapes, motion picture or any other record of this event for any legitimate purpose.



Signature (parent if under 18)

Date